

Elaine Connelly, RN-C, LNHA, CECF
President, Wealth & Wellness Journey, Inc.

Elaine is a graduate of St. John's School of Nursing and Ursuline College, and a Licensed Nursing Home Administrator. Her healthcare experience includes research review management, hospital administration as a Chief Nursing Officer, and many nursing practice specialties.

She is a member of the Academy of Integrative Health and Medicine and a Northeast Ohio Chapter Board Member, Society for Integrative Oncology, Nurse Environmental Advocacy Team of Ohio, The Union of Concerned Scientists, and The Pastoral Medical Association.

Her specialty certifications include Applied Kinesiology, Gerontology, The Emotion Code, and Pet Communication, with previous certifications and experience in Rehabilitation, Sub-acute Care, Cancer Data Management, and Biomedical Research Review.

She is a Reiki I, a Certified Emotion Code Practitioner using an energy technique to release trapped emotions which create imbalances in the body, and a Body Code Practitioner using an energy technique to identify and correct contributing imbalances that cause ill health and disease.

As a Quantum Biofeedback practitioner with The Ohio Center for Quantum Biofeedback, stress imbalances are identified and reduced with the use of known energetic modalities.

As a Transformations 360 practitioner, she works with pre-diabetic and diabetic individuals in whole food meal planning and weight management.

As a 23 year cancer survivor, she is able to understand the challenge of this disease and share integrative solutions for survival.

She teaches how to integrate traditional western treatment modalities with lifestyle wellness approaches for health recovery and/or disease prevention.

Elaine provides integrative health consultation and services for adults, children, and pets.