Subject: Stroke

Turned Around by Jim Walker

On Dec. 19 2009, at Bannock County Police station, I volunteered to be a "bad guy" in a training exercise through the police academy. We were to simulate laying siege on a cellblock. The "raid" started off with the introduction of mass attacks of pepper balls, creating some serious coughing, sneezing, burning eyes, etc. I had a violent coughing spell while my head was turned towards the doors behind me. I coughed so hard, that I got light headed and nauseous. I collapsed on the floor with no ability to move.

One of the riot officers had placed me in another cell to wait for the riot to finish. When they returned they asked if I was diabetic, or hyper/ hypoglycemic, after responding no to all of their questions, they concluded that I needed to get to the hospital ASAP under suspicion of a stroke. I was admitted to Portneuf Medical Center, in Pocatello Idaho, on Dec. 19, 2009. They did a CT scan MRA and MRI and noticed I had torn my vertebral arteries from the C3 area up to my brain stem on both sides. That same day I was flown to the University of Utah, critical center for stroke victims. The Univ. Of Utah did a MRA and discovered 1 blood clot on the left vertebral artery on the back of my neck, from the C3 area to the brain stem, with a blockage on the right side as well as a tear in my carotid artery within almost 2 inches in length, resulting in a clot there too. My ECG showed borderline neurological function QT/QTc 460/423 ms. Several of the physicians were truly amazed that I was still alive.

I was discharged after being in the neurological critical care for a week and another 5-6 days in regular critical care from the Univ. Of Utah. I came home on Dec. 30, 2009, just happy to be alive. I was very weak. I had symptoms of facial paralysis, areas of numbness, slurred speech and stuttering, no balance, and always relying on walking aids or wheelchairs. I had constant fatigue with no endurance, stooped posture, short-term memory loss, constant headaches, and vomiting, continual pressure in my head resulting in balance loss, and pain in lower extremities. My wife had to quit her job because I needed 24-hour supervision. Thank God for the women in our lives!!

I had an appointment with my neurology doctor and primary care giver on the 12 of July 2010 for psychotherapy and physical therapy. They told me that I might regain some speech, strength and balance, but that it would be a long road, perhaps years!!

Enter NIKKEN

A good friend of mine called on 21st of July 2010 and wanted to see if some "technologies" could help me. He brought over magnetic shoe inserts, a PowerMag, (a hand held magnetic massage device), and filtered water. THE

RESPONSE WAS IMMEDIATE!!! The pressure in my head disappeared along with the headache. The paralysis just vanished. My feeling returned along with my strength and balance! The slurred speech and stuttering was simply gone. I felt the "old me" had come back!

He left the magsteps with me that night and it got me in trouble with the wife, I felt inclined to test the strength and endurance, and so I ran for the first time since the stroke happened! He brought more products for me to try i.e. Naturerest sleep system with pillow and quilt, pi mag water system and Body Energizer. The result, I have no other issues other than my muscles are weak from the sedentary lifestyle I have lived for the past 7 months.

My friends cannot believe the miracle that has taken place in my life. It <u>IS</u> as if I did not have the stroke at all. In 1 week my memory has come back, my hand/eye coordination are back, balance issues have disappeared, and complete feeling in my face returned. I have no pain or weakness, and I drove a car for the first time a week after he left the "stuff". The doctors had told me that I may never be able to drive again... have I got something to show them NOW!

The best of all, <u>I use no walking aids</u>, <u>AT ALL</u>. I am ever so grateful that Thayne had taken the time to share this great gift with me. Since then I have taken the time to become more informed and share this with others. Wow, what an opportunity to help others, restore hope and get paid.

I implore you to help me share this remarkable story with others and who knows, you too could be handsomely rewarded for helping me help others.

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