

KENZEN® VITAL BALANCE MEAL REPLACEMENT MIX

QUICK REFERENCE SHEET



- *Balanced formulation of vitamins, minerals and amino acids*
- *Vegetable protein, 125 calories*
- *Supports cognitive function*
- *Assists natural detoxifying*
- *Probiotics for healthy digestion and immune system*
- *No added salt, natural sweetener*
- *No dairy, soy, whey, gluten, lactose or GMO*
- *Vegan certified, kosher*
- *Great vanilla taste, also mixes with fruit or flavoring*



Kenzen Wellness Organic-Based Nutrition

The Nikken Nutrition Philosophy

Hippocrates, the father of medical science, said, "Let food be your medicine." Nikken Kenzen Wellness Organic-Based Nutrition is founded on the principle that natural, whole foods are the ideal source of the nutrients your body was designed to consume. They are "living foods" in the sense that healthy, natural nutrition supports normal physical function, contributes fuel for energy, and helps the body defend itself against illness, aging and environmental challenge.



FEATURES/BENEFITS

- **Provides 18 grams of vegetable protein** . . . A healthy alternative to high-fat animal proteins.
- **Medium-chain triglycerides** Supports mental acuity, provide energy and help control appetite.
- **Detoxifiers.** Ingredients that support natural elimination of toxins.
- **Probiotic ingredients** Promotes beneficial bacteria aiding in digestive and immune function.
- **Balanced meal** Offers nutrient content equal or better to typical meals.
- **Great taste** Mix with water, milk, juice or yogurt for variety.
- **Kosher certified** Meets dietary rules.

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THE FACTS

- Kenzen Vital Balance is more than a protein meal replacement or nutritional product. It is a functional food — a unique formulation based on biological research and designed by a team of scientists to support physical processes and help persons of any age to remain healthy.
- Ingredients in Kenzen Vital Balance include palm oil, a natural source of medium-chain triglycerides, or MCTs. These are assimilated differently than long-chain triglycerides or fatty acids, which can provoke a rapid insulin rise and be converted to fat tissue. MCTs are capable of triggering thermogenesis, in which the body begins to burn stored fat for energy. Instead of contributing to fat reserves, MCTs can provide an energy boost and promote fat depletion at the same time.
- The MCTs in Kenzen Vital Balance are known to help in appetite control, and raise the metabolic rate. Palm oil also contains antioxidants such as beta-carotene, tocotrienols and tocopherols.
- Medium-chain triglycerides are rapidly absorbed by brain tissue for nourishment and cell replenishment. Clinical studies have suggested a link between MCTs and support for cerebral function in maturity. These triglycerides may be of value in addressing mild memory problems associated with aging.
- A number of toxins have been introduced into our physical environment. These may be both natural and human-made, and one of the body's essential metabolic processes is the elimination of these substances. Kenzen Vital Balance includes open-cell chlorella and coriander (cilantro), natural plant ingredients recognized as beneficial in assisting normal detoxifying-system function.
- Probiotics help the gastrointestinal tract break down food for digestion, and are responsible for assimilating more than 10% of daily calories. These symbiotic bacteria also contribute to a healthy immune system. Kenzen Vital Balance includes multiple probiotic ingredients, support for digestive activity and weight management.
- In 125 calories per serving, Kenzen Vital Balance has a delicious vanilla flavor and can be mixed with water, soy or dairy milk, even fruit juice. No other nutritional blend includes this broad and balanced measure of daily essentials — and compounds that assist the body's natural defenses against free radicals and environmental challenge.

Nutrition Facts/Datos de Nutrición

Serving Size: 2 level scoops (28.5 g) / Tomaño por Ración: 2 cucharadas al ras (28.5 g)
Servings Per Container: 30 / Raciones por Envase: 30

Amount Per Serving / Cantidad por Ración		% DV* / %VD*
Calories 125 / Calorías 125		
Calories from fat 45 / Calorías de grasa 45		
		% DV* / %VD*
Total Fat / Total de grasa	5g	8%
Saturated fat / Grasa saturada	4.5g	23%
Trans Fat / Grasa trans	0.0g	
Polysaturated fat / Grasa poliinsaturada	0.5g	
Monounsaturated fat / Grasa monoinsaturada	0.0g	
Cholesterol / Colesterol	0mg	0%
Sodium / Sodio	214mg	9%
Total Carbohydrate / Carbohidratos totales	<1g	<1%
Dietary Fiber / Fibra dietaria	<1g	<1%
Sugars / Azúcar	<1g	
Protein / Proteína	18g	36%
Vitamin A (Vitamin A Acetate) / Vitamina A (Acetato de vitamina A)	35%	
Vitamin C / Vitamina C	35%	
Calcium / Calcio	0%	
Iron / Hierro	0%	
Vitamin E / Vitamina E	35%	
Thiamin (Vitamin B1) / Tiamina (Vitamina B1)	35%	
Riboflavin (Vitamin B2) / Riboflavina (Vitamina B2)	30%	
Niacin / Niacina		40%
Vitamin B6 / Vitamina B6		25%
Folate / Folato		25%
Vitamin B12 / Vitamina B12		100%
Biotin / Biotina		35%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs / Los porcentajes de Valores diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayores o menores dependiendo de sus necesidades de calorías:		
Calories / Calorías	2,000	2,500
Total Fat / Grasa Total 13g	Less than/Menos de	65g 80g
Saturated Fat / Grasa Saturada 5g	Less than/Menos de	20g 25g
Cholesterol / Colesterol 30mg	Less than/Menos de	300mg 300mg
Sodium / Sodio 660mg	Less than/Menos de	2,400mg 2,400mg
Total carbohydrate / Carbohidratos totales 31g		300g 375g
Dietary Fiber / Fibra Dietaria 0g		25g 30g
Protein / Proteína		50g 65g
Calories per gram / Calorías por gramo: Fat / Grasa 9 • Carbohydrates / Carbohidratos 4 • Protein / Proteína 4		

INGREDIENTS: Pea protein, medium-chain triglycerides, vanilla, **organic** chlorella, stevia, **organic** cilantro, guar gum, enzyme blend (Protease 4.5, peptidase, bromelain, protease 6.0, protease 3.0, lactobacillus plantarum, bifidobacterium bifidum) ascorbic acid, **organic** hemp protein, **organic** alfalfa, **organic** spirulina, **organic** broccoli, **organic** rice protein, biotin, vitamin E, **organic** spinach, niacin, vitamin A, vitamin B12, thiamin, vitamin B6, riboflavin, folic acid.

INGREDIENTES: Proteína de guisante, triglicéridos de cadena media, vainilla, chlorella **orgánica**, stevia, cilantro **orgánico**, goma guar, las enzima mezcla (Proteasa 4.5, peptidasa, bromelina, proteasa 6.0, proteasa 3.0, lactobacillus plantarum, bifidobacterium bifidum), ácido ascórbico, **orgánica** proteína de cáñamo, alfalfa **orgánica**, espirulina **orgánica**, brócoli **orgánico**, proteína de arroz **orgánico**, biotina, vitamina E, espinaca **orgánica**, niacina, vitamina A, vitamina B12, tiamina, vitamina B6, riboflavina, ácido fólico.

PRODUCT INFORMATION

ITEM CODE	DESCRIPTION
#15597	US Kenzen® Vital Balance Meal Replacement Mix - Vanilla
#15598	CN Kenzen® Vital Balance Meal Replacement Mix - Vanilla
AVAILABILITY	
US: YES	CN: YES
FEATURED NIKKEN TECHNOLOGY	
Kenzen Wellness® Organic-Based Nutrition	
HOW TO USE	
Mix two rounded scoops with 8-10 fluid ounces/250 ml of cold water or milk and shake vigorously. Can be enhanced with PiMag® water.	

QUICK SHARING TIPS

Kenzen Vital Balance can be enjoyed any time!

Kenzen Vital Balance is recommended for use as part of a program that includes a healthy diet and exercise. This product should be used in conjunction with at least one healthy meal per day, consisting of 450-500 calories of whole, fresh foods from the four basic food groups.