

PERSONAL DECLARATION OF INDEPENDENCE!!

When in the course of human events, it becomes necessary for each person to dissolve the bonds that behold them to cigarettes and tie us to dead-end situations and huge personal and financial expenses, it behooves each of us to pursue excellence, personal fulfillment, excellent health and financial Independence through the stopping of smoking forever!

I hold these truths to be self-evident, that this is my choice and I am feeling free and wonderful! I fully recognize that I possess certain God-given talents and abilities, among them the ability to make my own choices and the ability to think, dream, learn, act and believe!

Let it be said, therefore , that from this day forth I choose of my own free will, to no longer smoke and to realize how happy and free I am!!

_____ If it is to be, it is up to ME