An Unsolicited Testimony on the Nikken m-Strides™, a revolutionary new product!

For over forty years as a podiatrist, I have spent a significant portion of my time helping people who have problems with their feet and other parts of their bodies directly related to their feet.

Foot pain is a common complaint that is seen by healthcare professionals on a daily basis. For those of us who treat feet and those of you that suffer with your feet, the mantra, "when your feet hurt you hurt all over" often is a debilitating and painful experience.

In 1997, I discovered the world of energy, particularly how it affects the body. Although the company I became affiliated with way back then(Nikken, Inc.) doesn't make medical claims for their products, I was intrigued by the first hand experiences I had with the products and those I have experienced through first person testimonies of others.

A product of great interest to me was the first magnetic insoles introduced by Nikken, in 1975.

The Magstep® was conceived of as an invention that would relax and energize millions of people who suffered from one of mankind's most common complaints: sore feet, and the fatigue that this extends to the entire body. The goal was to provide energy and relief to the fatigued workers of Japan. Researchers have shown that this product, in addition to working wonderfully for what it was originally intended for, is a breakthrough product for diabetics, all of whom should be using them. If you are a diabetic, and want to learn more, get in touch with a Nikken Consultant in your town who can introduce you to this product and others like it. If you don't know anyone just contact www.nikken.com and they can direct you to someone who can help.

While I did not think this product (which is still available) could be improved upon, Nikken proved me wrong. Enter a brand new product, the Kenko m-Strides™. This product is Magsteps squared!

This brand new advance in magnetic design offers a combination of innovative and superior engineering features found nowhere else. With increased magnetic coverage the insoles are also extremely comfortable to wear.

They work as you walk producing a "dynamic magnetic field" acting like a magnetic field generator in your shoe. They are also cool and do not absorb moistures or odors.

I ordered several pairs when they were introduced a few weeks ago. They came at a very busy and stressful time for me and I put them aside and did not even open them.

About a week after receiving the m-Strides I developed some musculo-skeletal discomfort in my legs and lower back even extending into my jaw and found myself hitting the bed much earlier in the evening than usual.

After a trip to the family doc to rule out any major issues, I took out a pair of the Kenko m-Strides, cut them down and put them in my shoes. Within two hours I noticed a significant difference in the way I felt. I had less discomfort and more energy. By the next day, I felt 90% better. I have worn them every day since.

As a physician, I am skeptical by nature and am very familiar with the placebo effect. This product is a home run for Nikken. It will make a difference for thousands of people.

Contact a Nikken consultant in your town to get a pair or go to www.Nikken.com for more information.

Mark D. Sussman, DPM

Independent Nikken Consultant